



# January



# 2025

SUN MON TUE WED THU FRI SAT

			1 <i>Happy New Year</i>	2 	3	4 <b>Cafe and MiniGolf</b> 11am-5pm Activity: \$55
5	6	7	8	9 	10	11 <b>In House Painting Party</b> 11am-4pm Activity: \$45
12	13	14	15	16 	17	18 <b>In-House Pasta Party</b> 11am-4pm Activity: \$25
19	20 <i>MILK DAY</i>	21	22	23 	24	25 <b>McDonalds &amp; Pottery</b> 11am-4pm Activity: \$50
26	27	28	29	30 	31 <b>Pajama Dance</b> 6:30PM-8:30PM \$10	

# Happy New Year



The Arc of Opportunity in North Central Massachusetts Family Supports and Recreation Calender

Self-Advocacy - Second Tuesday of every month  
10:00am-11:00am

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Healthy Relationships Group  
Interest Form

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Bowling - Every Thursday  
4:00pm-6:00pm  
@Launch \$4 shoes/\$4 per game

To register for Rec events, click on the event or this QR code



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- CONTACT US FOR INFORMATION ON:**
- General questions/concerns
  - Healthy Relationships
  - Self-Advocacy
  - Saturday REC and Bowling
  - Dances